November 2026

Newsletter

Hand In Hand Adult Day Center

ADRC of Green County

October Review



This month we enjoyed our annual Fall Colors Outing. Even though the weather did not cooperate, we still enjoyed our drive to Monticello and a stop at Dunkin Donuts. We also welcomed back Ernie & Guests Music, completed a pumpkin craft, Halloween themed activities and of course we celebrated the World Series!



November

Happy Thanksgiving! A reminder that we will be closed on Friday, November 27th. This month in honor of Veteran's Day, we will have a visit from a local veteran. We will also enjoy some Thanksgiving themed activities and celebrate a birthday.

The Hand in Hand Adult Day Center provides a day out with friends.

Our mission is to provide older adults facing health or social changes with the opportunity to build and maintain social, cognitive and physical skills through a planned program of enriching activities.

Hand in Hand meets every Tuesday and Friday from 9:30 AM to 2:30 PM at the United Methodist Church in Monroe.
(Address: 2227 4th Street)

Contact the ADRC at 608-328-9499 for more information or to arrange a tour.

ADRC
Aging and Disability Resource Center
Green County, Wisconsin

TUESDAYS

Tuesday 3rd

9:30 Snack & Social Time
10:30 Movin to the Music
11:15 Welcome November Word Game
12:00 Lunch: Meatball Sub, Italian Vegetables, Salad w/Dressing, Tropical Fruit Cup
1:00 Basketball
1:30 Shake a Memory

Tuesday 10th

9:30 Snack & Social Time
10:30 Movin to the Music
11:15 Around the USA Trivia
12:00 Lunch: Sherry's Tuna Noodle Casserole, Peas & Carrots, Buttered Asparagus, Red Velvet Cake w/Cream Cheese Frosting, Mandarin Oranges
1:00 Football Toss
1:30 Guest Speaker - Veteran's Day

Tuesday 17th

9:30 Snack & Social Time
10:30 Movin to the Music
11:15 Clock Dice
12:00 Lunch: Maple Glazed Ham Steaks, Baked Potato, Steamed Asparagus, Tropical Fruit Cup, Peanut Butter Oreo Pie
1:00 Bean Bag Game
1:30 Bingo

Tuesday 24th

9:30 Snack & Social Time
10:30 Movin to the Music
11:15 Group Crossword
11:00 Lunch: Sweet & Sour Diced Pork, Steamed Rice, Sauteed Stir-Fry Mix, Applesauce Cup
1:00 Pumpkin Toss
1:30 Thanksgiving Word Game



FRIDAYS

Friday 6th

9:30 Snack & Social Time
10:30 Strengthening Exercises
11:15 Starting & Finishing Lines
12:00 Lunch: Baked Cod Loin w/Butter Sauce, Steamed Buttered Beets, Au Gratin Potatoes, Coleslaw, Diced Peaches
1:00 Yard Darts
1:30 Puzzle Time

Friday 13th

9:30 Snack & Social Time
10:30 Strenghening Exercises
11:15 Brain Quest Trivia
12:00 Lunch: Huli Huli Chicken Thighs, Steamed Rice & Pineapple Ring, Roasted Diced Sweet Potatoes, Hawaiian Pineapple Slaw, Mandarin Orange Cake
1:00 Ring Toss
1:30 History in the Mail

Friday 20th

9:30 Snack & Social Time
10:30 Strengthening Exercises
11:15 Birthday Word Game
12:00 Lunch: Honey Ginger Soy Cod w/Steamed Rice, Steamed Buttered Asparagus Cuts, Roasted Seasoned Carrots, Diced Pears
1:00 Noodle Ball
1:30 Birthday Jingo

Friday 27th CLOSED!





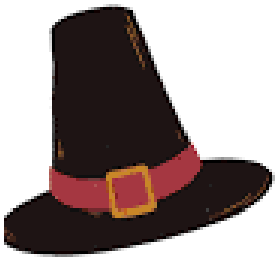
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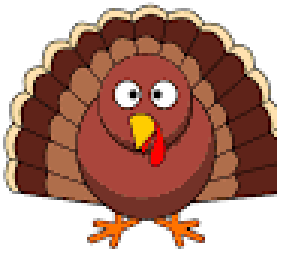


WORD SEARCH



T H A N K F U L P I E D F T T
L Q U G I V O F I N A D A H F
E S R C S P U U L E M V E A O
A W K O Z S T Y G F E L S N O
V I E R H K H Z R M R G T K T
E S Y D X Z M O I B U K A M B
S S L L W C L K M A M N D A A
A Q J E N M R C H O A W C Y L
M U U M E O H C O C Y T P F L
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A S Y E V B U R S A U V M O D
L H P U M P K I N M R P O W G
L N O V E M B E R C K F C E R
T B U W Y L M Z C O R N O R N
G O B B L E O J B T U R K E Y









TURKEY
FAMILY
PIE
FOOTBALL
PUMPKIN

GOBBLE
SQUASH
PILGRIM
FALL
NOVEMBER

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