

July 2026 Newsletter

Hand In Hand
Adult Day Center

ADRC of Green County

June Review

We had a great time celebrating “Dairy Month” this June. A highlight was our outing to Farmstead Bakery to enjoy a treat. We welcomed three guest speakers this month....a farm life and art work presentation by Olivia and Kris & Lynn’s presentation on the history of aprons. We also celebrated Father’s Day and the start of summer.



The Hand in Hand Adult Day Center provides a day out with friends.

Our mission is to provide older adults facing health or social changes with the opportunity to build and maintain social, cognitive and physical skills through a planned program of enriching activities.

Hand in Hand meets every Tuesday and Friday from 9:30 AM to 2:30 PM at the United Methodist Church in Monroe. (Address: 2227 4th Street)

Contact the ADRC at 608-328-9499 for more information or to arrange a tour.

July

This month we look forward to celebrating Independence Day. We will be closed on Friday, July 3rd. In honor of the Green County Fair returning to Monroe in July, we will welcome a visit from a local Dairy Princess. We also look forward to Piano with Renee to complete our month.


Aging and Disability Resource Center
Green County, Wisconsin

TUESDAYS

July 7th



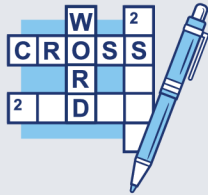
- 9:30 Snack & Social Time
- 10:30 Movin' to the Music
- 11:15 Patriotic Word Scramble
- 12:00 Lunch: Chicken Piccata, Butternut Squash, Angel Hair Pasta, Caesar Salad, Pineapple Tidbits
- 1:00 Basketball
- 1:30 Independence Day Trivia

July 14th



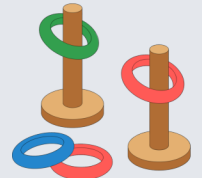
- 9:30 Snack & Social Time
- 10:30 Movin' to the Music
- 11:15 Clock Dice
- 12:00 Lunch: Shredded Beef & Broccoli, Steamed Rice, Seasoned Carrots, Tropical Fruit Cup, Lemon Bar
- 1:00 Washers
- 1:30 Piano with Renee

July 21st



- 9:30 Snack & Social Time
- 10:30 Movin' to the Music
- 11:15 Group Crossword
- 12:00 Lunch: Basil Chicken Parmesan w/Pasta, Roasted Zucchini, Caesar Salad w/Dressing, Pina Colada Lush Square, Mandarin Orange Cup
- 1:00 Yard Darts
- 1:30 Famous Faces

July 28th



- 9:30 Snack & Social Time
- 10:30 Movin' to the Music
- 11:15 County Fair Themed Trivia
- 12:00 Lunch: Lasagna, Roasted Italian Vegetables, Caesar Salad w/Dressing, Diced Peach Cup, Cookie
- 1:00 Ring Toss
- 1:30 Guest Speaker- Green County Dairy Princess



4th
of
July



FRIDAYS

July 3rd

CLOSED!!

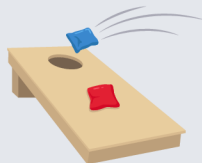


July 10th



- 9:30 Snack & Social Time
- 10:30 Strengthening Exercises
- 11:15 Welcome July Word Game
- 12:00 Lunch: Baked Tilapia w/Dill Cream Sauce, Buttered Peas, Roasted Sweet Potatoes, Jell O Cup, Mixed Fruit Cocktail
- 1:00 Bowling
- 1:30 Puzzle Time

July 17th



- 9:30 Snack & Social Time
- 10:30 Strengthening Exercises
- 11:15 Story Bag Activity
- 12:00 Lunch: Ham & Scalloped Potatoes, Buttered Steamed Cauliflower, Roasted Zucchini, Mandarin Orange Cup, Angel Food Cake w/Strawberries
- 1:00 Bean Bag Toss
- 1:30 Bingo

July 24th

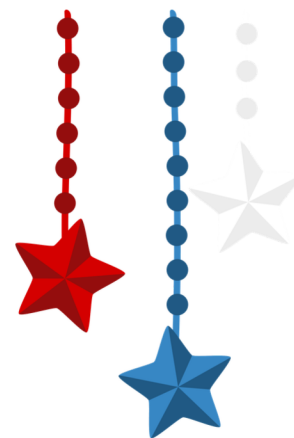
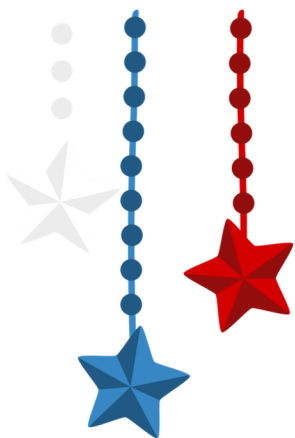


- 9:30 Snack & Social Time
- 10:30 Strengthening Exercises
- 11:15 History in the Mail
- 12:00 Lunch: Baked Parmesan Herb Crusted Tilapia, Steamed Seasoned Beets, Cauliflower, Diced Peach Cup, Frosted Brownie
- 1:00 Bocce Ball
- 1:30 Individual Choice

July 31st



- 9:30 Snack & Social Time
- 10:30 Strengthening Exercises
- 11:15 Bird Songs & Trivia
- 12:00 Lunch: Ham Salad on Bread, 3 Bean Salad, Creamy Dill & Cucumber Salad, Tropical Fruit
- 1:00 Beach Ball Toss
- 1:30 Beaded Suncatcher Craft





DIRECTIONS: Find and circle the vocabulary words in the grid. Look for them in all directions including backwards and diagonally.

4TH OF JULY

ADAMS
AMERICA
BARBECUE
COLONIES
CONGRESS
DECLARATION
EQUALITY
FIREWORKS
FOURTH
FREEDOM
HOTDOGS
INDEPENDENCE
JEFFERSON
JULY
LIBERTY
NATION
PARADE
REVOLUTION
RIGHTS



STATES
THIRTEEN
UNITED

