

Hand in Hand Adult Day Center

2025

October

This month we were able to again enjoy our annual Fall Colors Outing. We went to Ten Eyck Apple Orchard where we had a cider donut, saw the delicious apples and brought home a pumpkin. It was a beautiful afternoon! We also welcomed back Ernie & Guests Music, completed a pumpkin craft and celebrated Halloween.





November

Happy Thanksgiving! A reminder that we will be closed Friday, November 28th. This month in honor of Veteran's Day, we will have a visit from a local veteran. We will also enjoy some Thanksgiving themed activities and celebrate a birthday.

- -Hand in Hand meets every Tuesday and Friday from 9:30 AM to 2:30 PM at the United Methodist Church, 2227 4th Street, Monroe.
- -Contact the ADRC at 608-328-9499 for more information or to arrange a tour.

The Hand in
Hand Adult Day
Center provides
a Day Out
With Friends

Our mission is
to provide older
adults facing
health or social
changes with
the opportunity
to build and
maintain
social, cognitive
and physical
skills through a
planned
program of
enriching
activities



Tuesdays

November 4th



9:30 Snack & Social Time

10:30 Movin' To The Music

11:15 "Welcome November" Word Game

12:00 Lunch: Chicken Patty Sandwich, Red Potatoes, Roasted Broccoli & Cauliflower Mix, Cinnamon Apples

1:00 Ring Toss

1:30 Starting & Finishing Lines

November 11th

9:30 Snack & Social Time

10:30 Movin' To The Music

11:15 Around the USA Trivia

12:00 Lunch: Taco Casserole w/Black Beans, Refried Beans w/Cheese, Spanish Rice w/Stewed Tomatoes, Pineapple Tidbits, Corn Muffin

1:00 Football Toss

1:30 Guest Speaker - Veteran's Day

November 18th

9:30 Snack & Social Time

10:30 Movin' To The Music

11:15 Group Crossword

12:00 Lunch: Baked Cod w/Lemon Wedge, Asparagus Cuts, Mashed Potatoes w/Gravy, Diced Peaches

1:00 Basketball

1:30 Bingo



November 25th

9:30 Snack & Social Time

10:30 Stengthening Excersises

11:15 Thanksgiving Word Game

12:00 Lunch: Tator Tot Casserole w/Peas and Carrots, Green Beans, Pear Cup, Cookie

1:00 Pumpkin Toss

1:30 Thanksgiving Craft

Fridays



November 7th

9:30 Snack & Social Time

10:30 Stengthening Excersises

11:15 Clock Dice

12:00 Lunch: Beef Pot Roast, Garlic Mashed Potatoes, Creamed Corn, Tropical Fruit Cup, Mandarin Orange Cake

1:00 Bean Bag Game

1:30 Card Games



November 21st

9:30 Snack & Social Time

10:30 Stengthening Excersises

11:15 Birthday Word Game

12:00 Lunch: Chicken Patty Sandwich, Herb Red Potatoes, Steamed Peas w/Butter,

Cinnamon Apple Chips, Cookie

1:00 Noodle Ball

1:30 Birthday Jingo

November 14th

9:30 Snack & Social Time

10:30 Stengthening Excersises

11:15 Family Feud

12:00 Lunch: Breaded Fish w/Cheddar

Cheese, Red Potatoes, Roasted Vegetables,

Pear Cup, Frosted Cupcake

1:00 Bocce Ball

1:30 Puzzle Time

November 28th

CLOSED!



THANKSGIVING HISTORY

ZZVOYAGEEG

JVVPPUXNSX

VLFALLNGVC

ZCINRQELIH

THTAMERICA

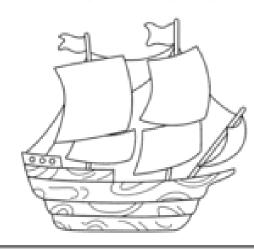
RARKWLHSJR

UREHATSHFV

CTADEJWLWE

EETFJPRCBS

ARYPFEASTT



WORD LIST

AMERICA HARVEST
CHARTER HATS
ENGLISH TREATY
FALL TRUCE
FEAST VOYAGE

Homemade