

OCTOBER

Hand in Hand Adult Day Center

2025



September

September was a fun filled month. We welcomed Ashley from the Green County Humane Society and she brought two adorable kittens. We learned a lot about their services. We also welcomed back Bill Reints music, reminisced about our school days and celebrated a birthday.



October

The month of October will bring our annual Fall Colors Outing on Friday, October 17th. We will be sending more information soon. We also look forward to the return of Ernie & Guests Music, an autumn themed craft and of course celebrating Halloween!



-Hand in Hand meets every Tuesday and Friday from 9:30 AM to 2:30 PM at the United Methodist Church, 2227 4th Street, Monroe.

-Contact the ADRC at 608-328-9499 for more information or to arrange a tour.

The Hand in Hand Adult Day Center provides a Day Out With Friends

Our mission is to provide older adults facing health or social changes with the opportunity to build and maintain social, cognitive and physical skills through a planned program of enriching activities.



Tuesdays

October 7th



- 9:30 Snack & Social Time
- 10:30 Stengthening Excersises
- 11:15 Clock Dice
- 12:00 Lunch: Baked Cod w/Lemon Wedge, Asparagus Cuts, Mashed Potatoes w/Gravy, Diced Peaches
- 1:00 Bean Bag Game
- 1:30 Individual Puzzles

October 14th

- 9:30 Snack & Social Time
- 10:30 Stengthening Excersises
- 11:15 Autumn Anagrams
- 12:00 Lunch: Tator Tot Casserole w/Peas and Carrots, Green Beans, Pear Cup, Oatmeal Raisin Coolie
- 1:00 Noodle Ball
- 1:30 Bingo

October 21st



- 9:30 Snack & Social Time
- 10:30 Stengthening Excersises
- 11:15 Treasure Chest Trivia
- 12:00 Lunch: Cranberry Roast Pork, Seasoned Roasted Carrots, Whole Kernel Corn, Applesauce Cup, Frosted Marble Cake
- 1:00 Yoga Ball Exercises
- 1:30 Music with Ernie & Friends

October 28th

- 9:30 Snack & Social Time
- 10:30 Stengthening Excersises
- 11:15 Group Crossword
- 12:00 Lunch: BBQ Country Beef Tips, Roasted Red Potatoes, Steamed Peas w/Butter, Tropical Fruit Cup, Confetti Cake
- 1:00 Yard Darts
- 1:30 Story Bag Activity

October 3rd Fridays



9:30 Snack & Social Time
10:30 Movin' To The Music
11:15 Welcome October Word Game
12:00 Lunch: Breaded Fish w/Cheddar Cheese, Red Potatoes, Roasted Summer Vegetables, Pear Cup, Frosted Cupcake
1:00 Washers
1:30 Pumpkin Craft

October 17th

9:30 Snack & Social Time
10:30 Movin' To The Music
11:15 Wiser Now Trivia
12:00 Lunch: Creamed Turkey over Mashed Potatoes, Roasted Cauliflower, Berry Cup
1:00 Fall Colors Outing

October 31st



9:30 Snack & Social Time
10:30 Movin' To The Music
11:15 Halloween Word Game
12:00 Lunch: Breaded Fish Sandwich, Roasted Broccoli, Mashed Potatoes, Coleslaw, Fruit Cocktail
1:00 Pumpkin Toss
1:30 Halloween Treats, Trivia & Guests

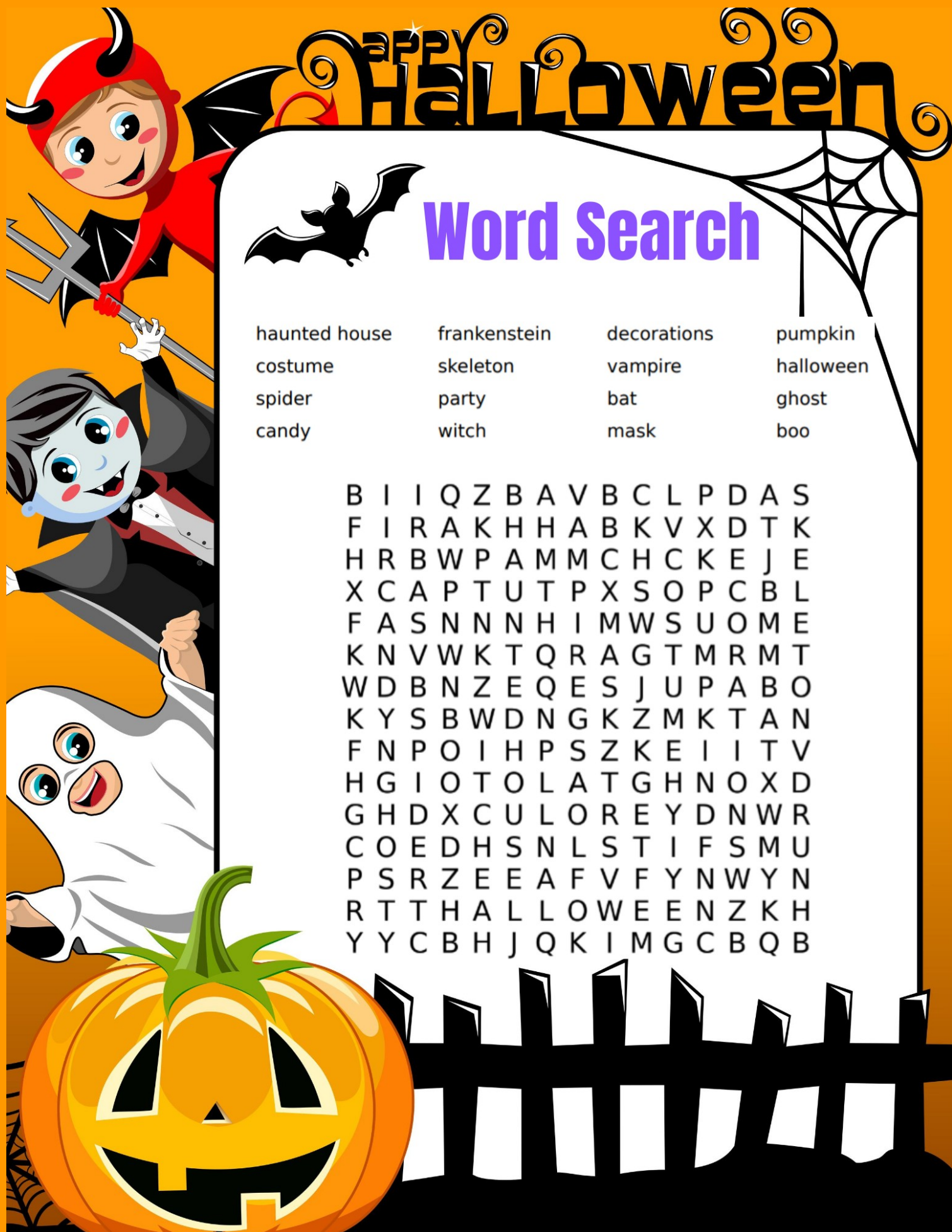
October 10th

9:30 Snack & Social Time
10:30 Movin' To The Music
11:15 Name Game Toss
12:00 Lunch: Chicken Patty Sandwich, Herb Red Potatoes, Steamed Peas w/Butter, Cinnamon Apples, Cheese Cake Cup
1:00 Basketball
1:30 Trivia Time

October 24th

9:30 Snack & Social Time
10:30 Movin' To The Music
11:15 Spill and Spell
12:00 Lunch: Beef Tips in Mushroom Gravy, Noodles, Roasted Cauliflower, Salad, Mandarin Orange Slices
1:00 Bocce Ball
1:30 Puzzle Time





HAPPY Halloween



Word Search



haunted house
costume
spider
candy

frankenstein
skeleton
party
witch

decorations
vampire
bat
mask

pumpkin
halloween
ghost
boo

B I I Q Z B A V B C L P D A S
F I R A K H H A B K V X D T K
H R B W P A M M C H C K E J E
X C A P T U T P X S O P C B L
F A S N N N H I M W S U O M E
K N V W K T Q R A G T M R M T
W D B N Z E Q E S J U P A B O
K Y S B W D N G K Z M K T A N
F N P O I H P S Z K E I I T V
H G I O T O L A T G H N O X D
G H D X C U L O R E Y D N W R
C O E D H S N L S T I F S M U
P S R Z E E A F V F Y N W Y N
R T T H A L L O W E E N Z K H
Y Y C B H J Q K I M G C B Q B