



## GUARDIANSHIP

Sometimes an older person or someone with a disability may not be able to understand important issues regarding their health and finances and are in need of someone to assist them with making decisions. When no family or friends are available to help and act in the best interest of the individual, a guardian is needed.

### What we are looking for:

Individuals who are 18 years or older who have compassion for helping other and would like to support and advocate for the health care and/or financial affairs of another person.

### How it works:

As a volunteer guardian, you will be supplied with all the information, education and support to fulfill your role.

## OTHER OPPORTUNITIES

Please note that other volunteer opportunities may come up and may not be listed in this brochure. Please contact the ADRC, check our bi-monthly newsletter "The Bridge" or our Facebook page to find up-to-date opportunities.

Contact us at: **608.328.9499**

[adrcgreencounty.org](http://adrcgreencounty.org)

## ADULT DAY CENTER

Our adult day center provides a safe environment for older adults who are looking for an opportunity to socialize but need some assistance during the day while their caregivers are working or are in need of respite.

### What we need:

Individuals who are interested in helping or leading activities at the center, assist at meal time and provide companionship to those attending the center.

We are always looking for anyone who would like to come speak to our group regarding a hobby, craft or group they are involved in.

### Who we are looking for:

Anyone interested in brightening the day of an older person.

### How it works:

The ADRC staff set up the schedule in advance based on your availability.



### ADRC of GREEN COUNTY

N3152 State Road 81  
Monroe, WI 53566

**608.328.9499**

Or visit our website:  
[adrcgreencounty.org](http://adrcgreencounty.org)



### SCAN QR CODE

to visit our website on  
your phone.

*Volunteer  
Opportunities!*



## LEAD. LEARN. LEND A HAND.

The ADRC has a variety of volunteer opportunities for those who are looking to be a leader in their community, learn something new or just lend a hand where it's needed!

**Let us match you with the volunteer opportunity that is right for you!**



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# Volunteering ...

## DRIVER ESCORT

We need volunteers to assist in transporting older adults and those with a disability who are unable to drive to various appointments and activities.

### What we need:

Individuals who are willing to drive older adults and those with a disability to:

- Medical appointments
- Shopping and recreational activities
- Senior dining centers

### Who we are looking for:

Individuals who are willing to drive older adults and those with a disability. You must be 18 years or older with a valid driver's license, good driving record, working vehicle and proof of insurance.

This is a great opportunity for someone who wants to pick their own schedule.

### How it works:

Rides are scheduled at the ADRC office and volunteers are called to inquire if they are available. Drivers pick riders up at their homes, drop them off at their destination and then return them home. Mileage is reimbursed for the driver's whole trip.

## NUTRITION PROGRAM

There are many opportunities to help ensure that elderly get the nourishment they need to stay healthy.

### What we need:

**Home-delivered meal volunteers:** Individuals use their own vehicles to deliver healthy noon meals to home-bound seniors.

**Nutrition Site Volunteers:** Individuals help set up, serve and clean up the breakfast and lunch time meals at the various locations in the county.

### Who we are looking for:

Individuals who enjoying being with and helping elderly. Home-delivered meal drivers must have valid driver's license, good driving record and proof of insurance.

### How it works:

ADRC staff set up a volunteer schedule in advance based on your availability. Volunteers drivers will be given a route and meals to distribute. Mileage can be reimbursed.

## WELLNESS & PREVENTION

Prevention programs provide opportunities for elderly and those with a disability to get the education and support they need to live healthy and independently.

### What we need:

**Wellness Ambassadors:** Individuals to help spread the word about upcoming programs and keep us connected in local communities.

**Volunteer Leaders:** Individuals who are willing to be trained to lead or co-lead various prevention programs to groups in Green County.

### Who we are looking for:

Individuals who are committed to helping others make healthy changes in their lives to stay strong, safe and independent.

### How it works:

Programs are scheduled in advance and volunteers will work with Wellness & Prevention Specialist to promote, recruit and teach wellness classes.



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